

## THE ART OF SURVIVAL

# BASIC NEEDS

of persons that are or ought to be users of the social protection system



## FOOD

The assistance is very important to me because I can buy myself something to eat.

Jelka, social assistance recipient



## MEDICINE

Of the amount I have, one part goes for medication, the other to survive. I spend most of it on the medicines, and what remains is for the food. That can only cover two or three days to survive, and that's it. Medicines are most important to me.

Kenan, social assistance recipient



## CHILD CARE

We take the child benefit and go to the market. We buy several litres of milk for her so that it can last for a month, and we buy baby diapers. And that's it.

Raza, child benefits recipient



## HEALTH SERVICES

I pay 150 marks for the [physio]therapist. I used to receive 40 KM of assistance, and now I get 160 and at least can pay for the therapy, which I couldn't do before. It's a little bit easier when he helps with exercises. I cannot do anything; I am fully dependent on other people. I'm sitting, sleeping, lying, and so on.

Dragana, person with diagnosed Parkinson's disease, social assistance recipient



## BILLS

Assistance is important because I don't have to think about the electricity. I can live without a phone, but cannot live without water. I manage somehow, I pay those bills. It would be such an embarrassment for me at this age to be labelled someone who defaults on their bills.

Zumra, social assistance recipient

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